

# 2024 SPONSORS

## CHAMPIONS CIRCLE



## PLATINUM



## GOLD



## SILVER



*25th Annual*

# SPRING TOURNAMENT EVENT GUIDE

APRIL 19TH-21ST, 2024

updated 3.29.24

## ABOUT US

The mission of the National Field Hockey League is to promote and grow the sport of field hockey by providing a member-centered governing structure for club teams, improving access to competitive play, facilitating educational trainings, and building community.

Since 1997, the NFHL has grown to include more than 120 colleges and universities from across the United States. The NFHL is the official governing body for USA collegiate club field hockey.

The National Field Hockey League is a registered 501c3 organization. For more information, visit our website at [www.nationalfieldhockeyleague.com](http://www.nationalfieldhockeyleague.com).

## PLAYER ELIGIBILITY

**Player eligibility is determined by each school's club sports participation policies.** The NFHL abides by and enforces each school's eligibility policies. Each school must submit a roster that is verified by a Club Sports Representative, validating that all players are eligible to participate based on their specific school policies.

**The NFHL is a coed league** and has been since its inception in 1997.

The NFHL is deeply committed to the safety and well-being of all participants in league events. **Effective 1/1/24, the NFHL adopted a zero-tolerance Code of Conduct policy** and believes that these measures will contribute towards a more positive and enjoyable experience for everyone involved. **The Code of Conduct applies to anyone attending or participating in an NFHL event.**

## 25TH ANNUAL SPRING TOURNAMENT

This is the 25th Annual Spring Tournament, open to all active teams. This is a highly competitive tournament, showcasing incredible collegiate club field hockey from schools across the US.



# ABOUT US

## SPRING TOURNAMENT TEAMS

### FALL 2023 STATS

FALL 2023 RANK	SCHOOL	GAMES	WIN	TIE	LOSS	GS	GA	GD	GAME PTS	AVE GP
28	American University	10	4	2	4	14	24	-10	10	1.000
NA	Auburn University	2	1	0	1	3	3	0	3	1.500
NA	Coastal Carolina University	6	0	1	5	4	13	-9	1	0.167
42	College of William and Mary	7	1	0	6	6	42	-36	2	0.286
NA	East Carolina University	1	0	0	1	1	2	-1	0	0.000
NA	Elon University	1	0	0	1	0	3	-3	0	0.000
37	George Mason University	9	2	0	7	7	22	-15	4	0.444
27	George Washington University	14	6	1	7	21	34	-13	14	1.000
NA	Georgetown University	4	3	0	1	4	9	-5	7	1.750
NA	High Point University	5	0	0	5	0	0	0	0	0.000
23	James Madison University	7	4	0	3	18	9	9	8	1.143
21	Liberty University	10	6	0	4	39	17	22	12	1.200
39	Loyola University Maryland	8	1	0	7	2	38	-36	3	0.375
NA	Messiah University	6	3	1	2	6	14	-8	8	1.333
NA	Rowan University	4	0	0	4	1	14	-13	0	0.000
NA	Rutgers University	4	3	0	1	17	10	7	6	1.500
20	Salisbury University	9	4	1	4	16	13	3	11	1.222
NA	Stony Brook University	1	0	1	0	1	1	0	1	1.000
22	Towson University	12	6	2	4	22	18	4	14	1.167
NA	University of California Berkeley / Davis	NA	NA	NA	NA	NA	NA	NA	NA	NA
32	University of Florida	10	4	0	6	18	31	-13	8	0.800
17	University of Maryland	9	5	1	3	41	10	31	12	1.333

# TEAMS

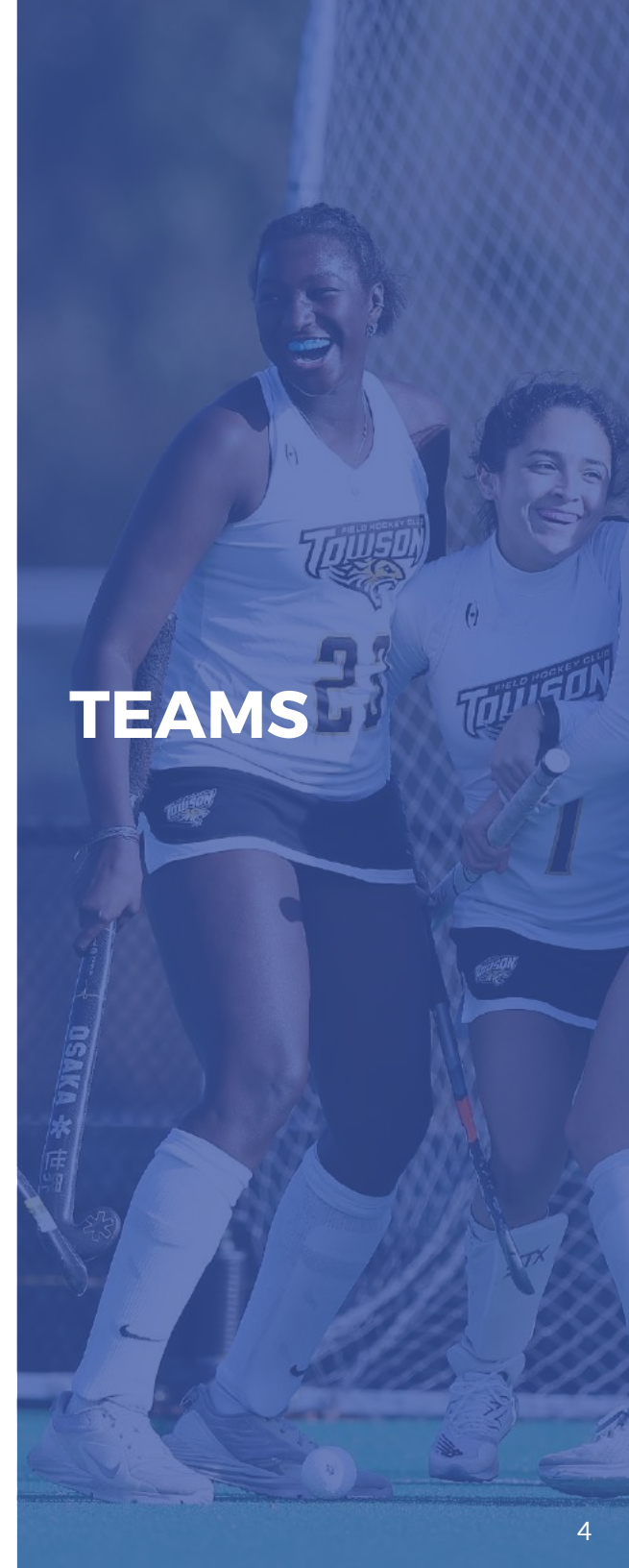


## SPRING TOURNAMENT TEAMS (continued)

FALL 2023 RANK	SCHOOL	GAMES	WIN	TIE	LOSS	GS	GA	GD	GAME PTS	AVE GP
30	University of Massachusetts Lowell	7	3	0	4	11	23	-12	6	0.857
16	University of North Carolina Wilmington	7	5	0	2	16	14	2	10	1.429
NA	University of Notre Dame	1	1	0	0	3	0	3	2	2.000
NA	University of Pittsburgh	6	5	0	1	29	4	25	11	1.833
41	University of Rhode Island	7	1	0	6	9	20	-11	2	0.286
34	University of South Carolina	7	2	1	4	10	19	-9	5	0.714
NA	University of Tennessee	4	1	1	2	7	6	1	3	0.750
NA	University of Texas at Austin	0	0	0	0	0	0	0	0	NA
15	University of Vermont	14	10	0	4	42	15	27	23	1.643
13	University of Virginia	14	10	1	3	47	9	38	24	1.714
18	Villanova University	7	4	1	2	13	10	3	9	1.286
NA	Virginia Commonwealth University	6	1	0	5	4	15	-11	2	0.333
1	Virginia Tech	11	10	1	0	48	7	41	27	2.455
NA	Washington University in St. Louis	2	0	0	2	1	6	-5	0	0.000
29	West Chester University	8	3	1	4	25	18	7	7	0.875
NA	West Virginia University	6	5	0	1	19	4	15	10	1.667

Only teams that played at least 7 regular 2023 fall season games were ranked by:

- average game points per game (**AVE GP** = total game points / # games played)
- tiebreaker #1: greatest average goal differential (**AVE GD** = total goals scored - total goals against / # games played)
- tiebreaker #2: least average goals against (**AVE GA** = total goals against / # games played)
- tiebreaker #3: greatest average goals scored (**AVE GS** = total goals scored / # games played)



## TOURNAMENT STRUCTURE & SCHEDULE\*

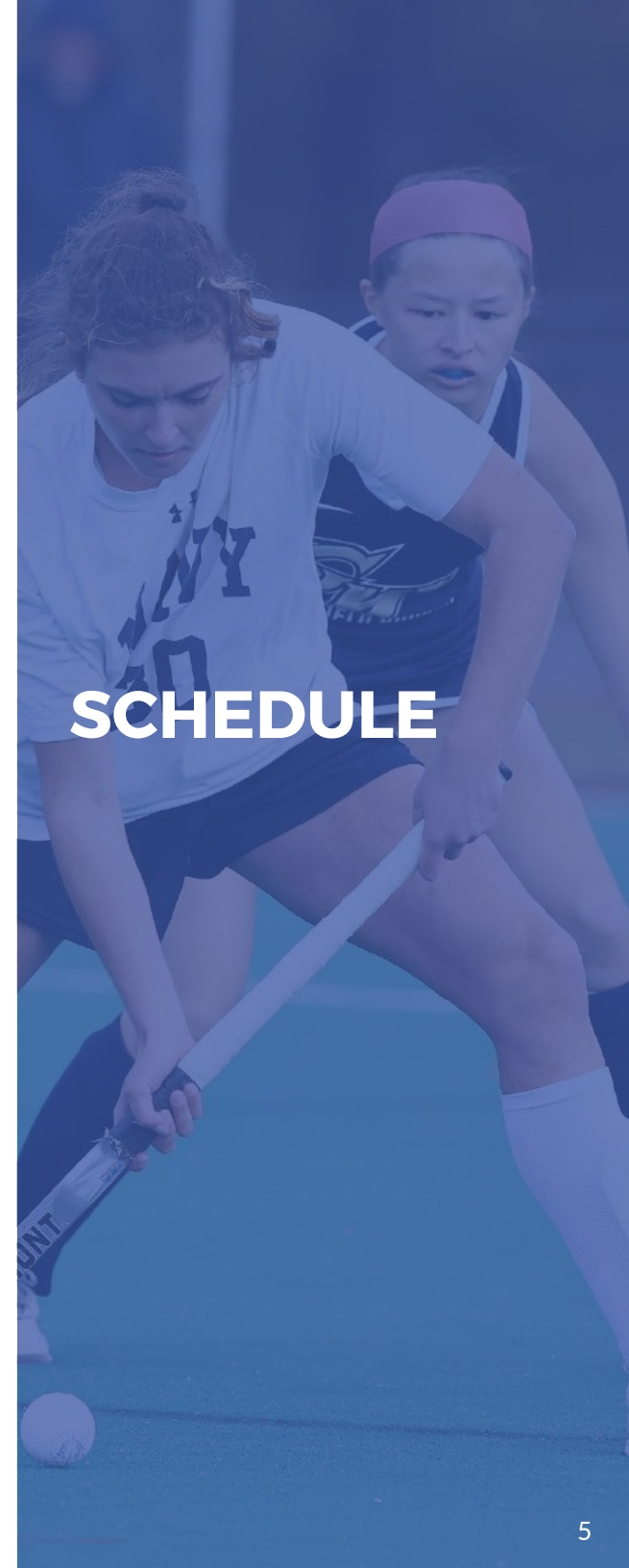
- The preliminary schedule will be released mid-March. The final schedule will be released by April 1st (subject to change).
- Teams will play 4 pool play games, consisting of 20-minute halves.
- Pool play games will be held on Friday and Saturday of the tournament.
- Teams that requested a Friday exemption or late start, will be notified by email if granted.
- 14 teams will advance to playoffs on Sunday. [Review the schedule](#) for details and tiebreakers.
- The Championship game will be held at 12:30pm ET on Sunday.
- Games may need to be switched/rearranged due to reasons outside of our control.
- Teams must be available to play from 7am-7pm on Friday (unless you request a Friday exemption), 7am-7pm on Saturday, and 7am-2pm on Sunday.

*\*Subject to change due to inclement weather, cancellations or extenuating circumstances.*

SCHEDULE  
updated 3.29.24



SCHEDULE

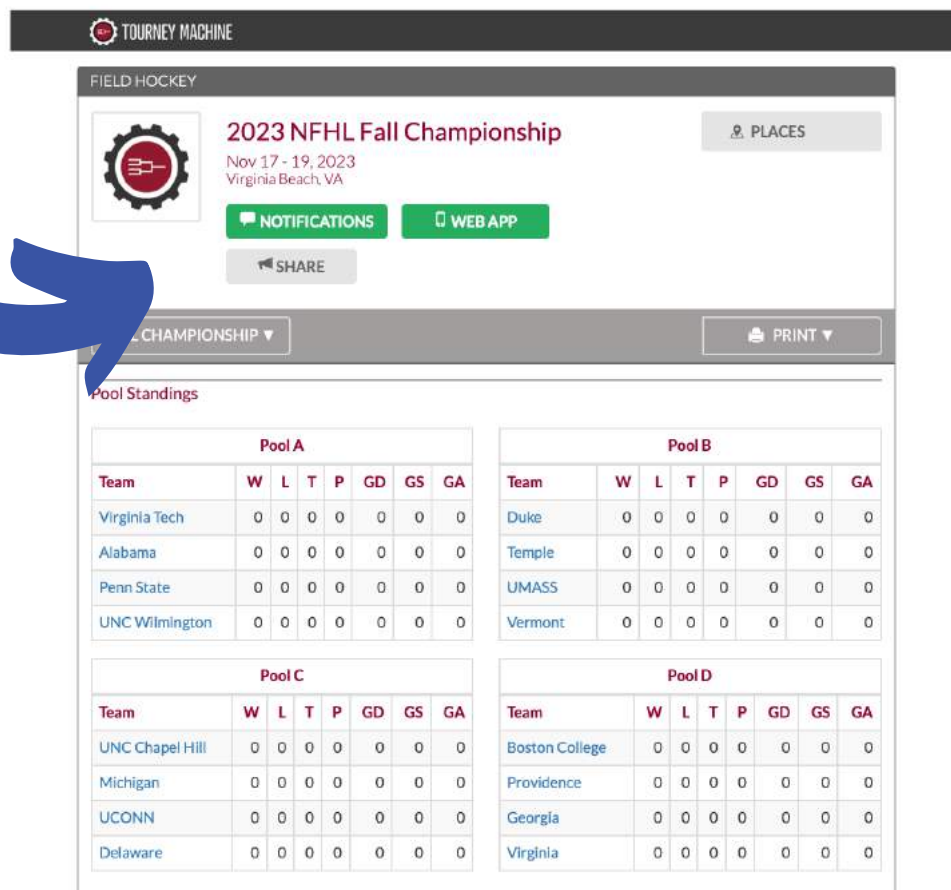


## RESULTS & STANDINGS

Coaches, players and spectators can easily see live results and standings on [our website](#).

Stay even more informed by downloading the Tourney Machine app and search for our event.

To follow your favorite team, click “NOTIFICATIONS”, select your team and enter your preferred contact method.



**TOURNEY MACHINE**

FIELD HOCKEY

**2023 NFHL Fall Championship** PLACES

Nov 17 - 19, 2023  
Virginia Beach, VA

**NOTIFICATIONS** **WEB APP**

SHARE

CHAMPIONSHIP PRINT

**Pool Standings**

Pool A							
Team	W	L	T	P	GD	GS	GA
Virginia Tech	0	0	0	0	0	0	0
Alabama	0	0	0	0	0	0	0
Penn State	0	0	0	0	0	0	0
UNC Wilmington	0	0	0	0	0	0	0

Pool B							
Team	W	L	T	P	GD	GS	GA
Duke	0	0	0	0	0	0	0
Temple	0	0	0	0	0	0	0
UMASS	0	0	0	0	0	0	0
Vermont	0	0	0	0	0	0	0

Pool C							
Team	W	L	T	P	GD	GS	GA
UNC Chapel Hill	0	0	0	0	0	0	0
Michigan	0	0	0	0	0	0	0
UCONN	0	0	0	0	0	0	0
Delaware	0	0	0	0	0	0	0

Pool D							
Team	W	L	T	P	GD	GS	GA
Boston College	0	0	0	0	0	0	0
Providence	0	0	0	0	0	0	0
Georgia	0	0	0	0	0	0	0
Virginia	0	0	0	0	0	0	0

## RESULTS & STANDINGS



## APPAREL ORDERS - DUE 4/4

All apparel must be pre-ordered by April 4th. Items must be picked up at the Information Table at Field 1 (we cannot ship orders). We do not carry a lot of inventory at the tournament, so we highly recommend you pre-order if you would like tournament swag!

Bundle a sweatshirt and t-shirt to save 10%! Offer expires 4/4.



### Bella + Canvas T-Shirt

- Heather military green
- Unisex sizing
- 3001CVC
- Team names listed on back

## TOURNAMENT SWAG & APPAREL



### Champion Adult Reverse Weave® Crew

- Silver grey with navy blue embroidery
- 12oz, 80% cotton, 20% polyester
- Unisex sizing - this item runs a little on the larger side
- **BUNDLE** with a t-shirt and save 10%!  
Offer expires 4/4

[ORDER ONLINE](#)

## FIELDS

- Due to the large number of participating teams, there will be TWO different playing locations and FOUR different fields. Please pay close attention to the location of your games!
- Teams are not permitted on the facility properties or fields before they open.
- Fields open at:
  - Friday: 8:50am
  - Saturday: 7am
  - Sunday: 6:30am
- Refer to the Field Locations page for more details.

## LIVE STREAMING & GAME PHOTOS

- The Championship game on Sunday will stream live! Visit [our website](#) for more details.
- Professional photos will be taken of every team during at least 1 game. Photos will be available for purchase ~1 week after the tournament.

## PLAYERS

- All players must be registered, verified, and deemed eligible per the team's Club Sports policies and NFHL rules prior to the tournament. Any team found to have ineligible or unregistered players will have their games disqualified (forfeit loss) and the team can face up to suspension from the league.
- Male Players (Regular and OT): Before the start of each game, teams must confirm )with each other and the umpires) how many male field players each team has on their roster (excluding the goalie). The team with more male field players is allowed to play "up two" during regulation and overtime play (excluding the goalie). The number of male field players allowed (confirmed at the start of the game) cannot be changed during the game (penalty cards, injuries, etc. do not affect it) – regardless of how many male players are fielded.

## INCLEMENT WEATHER

- Games and/or the format of the tournament may need to be rearranged in cases of extreme weather.

# GAME INFORMATION



## CODE OF CONDUCT: ZERO TOLERANCE

- All teams will be required to send a signed Code of Conduct simultaneous with the submission of your verified roster for all NFHL tournaments and events. Please note that it is the captain/coach's responsibility to ensure that all individuals associated with your team, including, but not limited to, players and spectators, are aware of and understand the policy ahead of the tournament. The NFHL is deeply committed to the safety and well-being of all participants in league events and believe that these measures will contribute towards a more positive and enjoyable experience for everyone involved.

### Key Points:

- Zero Tolerance Policy: The NFHL operates under a zero-tolerance policy for any form of discrimination, harassment, or derogatory comments based on race, gender, religion, sexual orientation, or any other protected characteristic.
- Immediate Consequences: Any individual found in violation of the zero-tolerance policy will face immediate consequences, including removal from the premises or expulsion of their team from the tournament.
- Team Responsibility: Teams, especially coaches/captains, are responsible for ensuring that their fans/spectators adhere to the Code of Conduct. Separate incidents involving different individuals supporting the same team will result in the entire team's disqualification from the tournament.
- Reporting: All instances of misconduct or violations of the Code of Conduct should immediately be reported to the NFHL via GroupMe message, followed by a detailed email to [info@nationalfieldhockeyleague.com](mailto:info@nationalfieldhockeyleague.com).

We appreciate your cooperation in helping us promote our mission and uphold the values of respect and sportsmanship. If you have any questions or concerns regarding the Code of Conduct, please contact [info@nationalfieldhockeyleague.com](mailto:info@nationalfieldhockeyleague.com).



CODE OF  
CONDUCT



**LOCATION 1:  
FIELD HOCKEY TRAINING CENTER & SPORTSPLEX**

2181 Landstown Road, Virginia Beach, VA 23456

Fields 1 & 2 - Water AstroTurf      Sportsplex - field turf

The information table, shirt pickup and NFHL staff are located at Field 1.

*Dogs permitted; must be leashed, not tied to any fences or stands, and in direct supervision of owner at all times.*

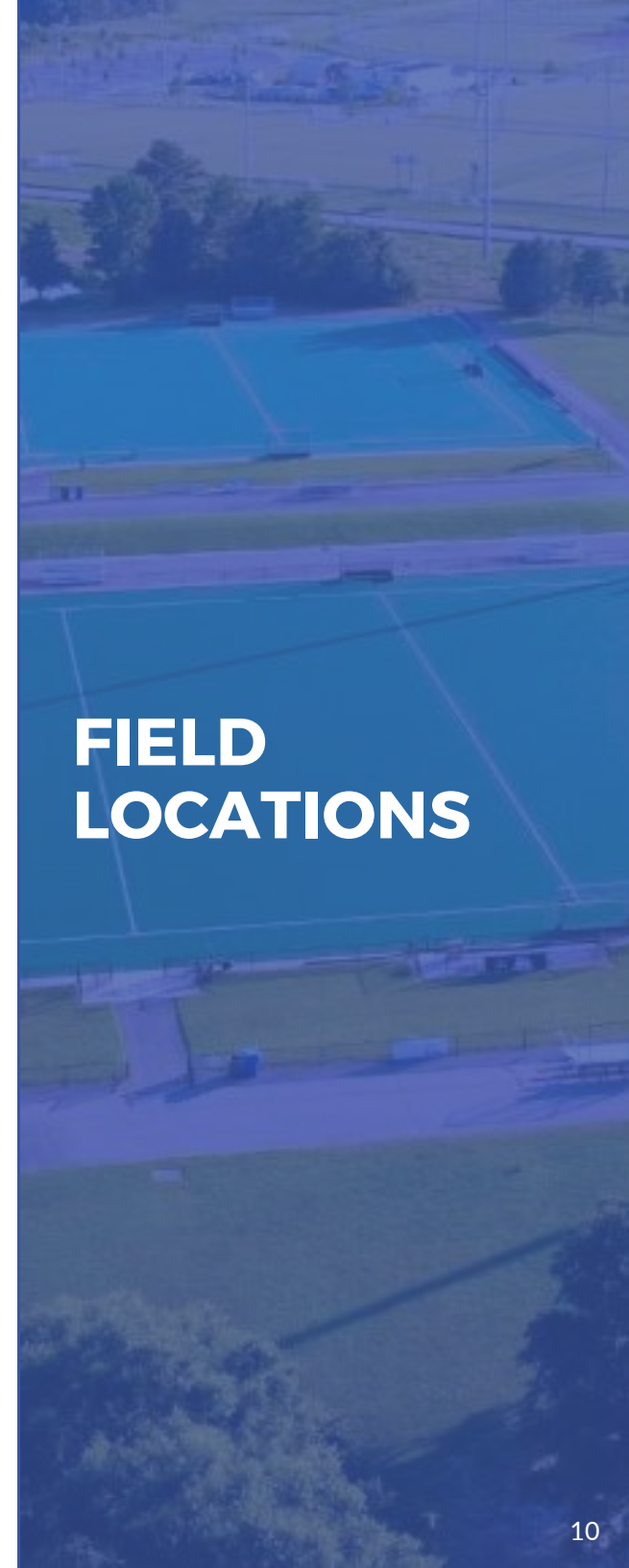
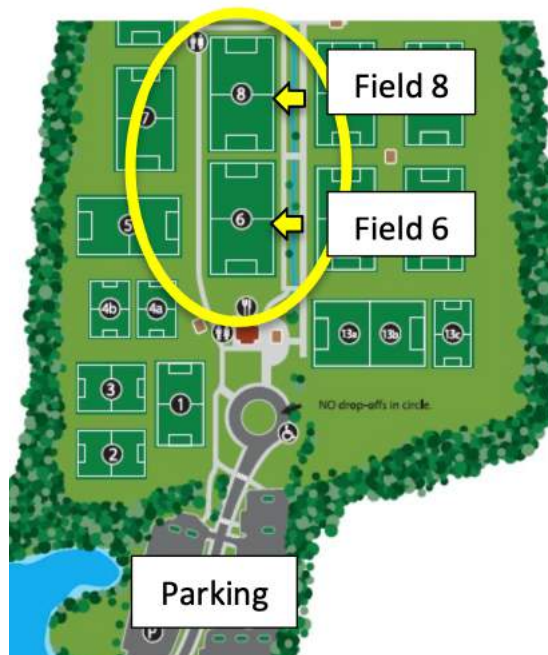
**LOCATION 2:  
HAMPTON ROADS SOCCER  
COMPLEX**

2276 Recreation Drive  
Virginia Beach, VA 23456

Field #6 - field turf

This location is not within walking distance from  
Location 1 (5-min drive, 1.8 miles).

*Dogs not permitted.*



**FIELD  
LOCATIONS**

## PARTNER HOTELS

all hotels are 20-25 minutes from the fields

- 1) **Courtyard by Marriott VA Beach Norfolk**  
5700 Greenwich Rd  
Virginia Beach, VA 23462  
(757) 490-2002
- 2) **Hilton Garden Inn Town Center**  
252 Town Center Dr  
Virginia Beach, VA 23462  
(757) 326-6200
- 3) **Hyatt House Virginia Beach Oceanfront**  
2705 Atlantic Ave  
Virginia Beach, VA 23451  
(757) 428-4200
- 4) **SpringHill Suites Norfolk/Virginia Beach**  
6350 Newton Rd  
Norfolk, VA 23502  
(757) 333-3100
- 5) **Hyatt Place Virginia Beach Town Center**  
355 Independence Blvd  
Virginia Beach, VA 23462  
(757) 431-7000
- 6) **Delta Hotels Virginia Beach Waterfront**  
2800 Shore Drive  
Virginia Beach, VA 23451  
(757) 481-9000

if you are arriving by bus/van, you must contact the hotel in advance to coordinate (fees may apply)

## CREDIT CARD AUTHORIZATION FORMS & CHECK IN

If you will not have the credit card present with you at check-in (i.e. the rooms are being paid by a university credit card that you will not have physically with you), you must contact the hotel to request a credit card authorization form in advance. The hotel will send a credit card authorization link to the person responsible for paying for the rooms. ***If you do not complete this request prior to check-in, it will delay your ability to check in successfully upon arrival.***

To request a credit card authorization form:

- Check the website to confirm your hotel contact name and email
- Send the hotel contact:
  - Name of authorized person paying for the rooms and their email address
  - All reservation numbers for your rooms and the name on the reservation(s)



# HOTELS



## RESTAURANT RECOMMENDATIONS

\$

- El Azteca
- Plaza Degollado
- Duck Donuts
- Huddle House

\$\$

- **Nando's PERi-PERi** - 20% coupon (code: HOCKEY20) for teams and families!
- Pochahontas Pancake House
- Tupelo Honey Southern Kitchen & Bar
- Yard House
- Ynot Italian
- Beachside Social
- Pelon's Baja Grill Oceanfront
- Smokey Bones Virginia Beach

\$\$\$

- Mannino's Italian Bistro
- Eat: An American Bistro



### CODE: HOCKEY20

- What: 20% off a \$10 minimum spend
- Where: Valid only at Nando's VA Beach, 221 Central Park Ave
- When: Valid from April 17th-23rd, 2024 only
- How to redeem: Can use when ordering using the QR code at the table in the restaurant, or when ordering through the Nando's app.

## DOWNTIME ACTIVITY SUGGESTIONS

- Walk along the Virginia Beach Boardwalk
- Visit the Virginia Aquarium
- Visit [Virginia Beach Town Center](#) - restaurant, stores, and entertainment
- Go to Apex Entertainment Virginia Beach (bowling, go-karts, arcade, laser tag, & more)
- Play Mini Golf
- Escape an Escape Room with your team



# FOOD & FUN

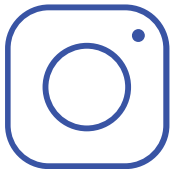
## HOTEL/FACILITY CONCERNS

If you have any significant concerns or issues with your hotel, please contact the NFHL immediately. We are here to help! It is important to the league that we continue to have great partnerships with our hotels, so we appreciate your help in making sure your team has a great stay. Please refrain from posting any negative reviews or comments about the hotel or facilities without addressing them with the NFHL first.

Please remember that your team represents the NFHL and your school, on and off the field. Disciplinary action will be taken against any player or team that causes damage to a hotel or facility property, or neglects any guidelines, protocols or rules.

*Follow  
-US-*

@nationalfieldhockeyleague



**CONCERNS**