

|                                                                                                                                   | RULE                             | 2017 RULE                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | 2018 RULE CHANGE (changes highlighted yellow)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |             |                 |                               |   |   |                                                                                                                                   |   |   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |  |             |                 |                               |   |   |                                                                                                                                   |   |   |
|-----------------------------------------------------------------------------------------------------------------------------------|----------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|-----------------|-------------------------------|---|---|-----------------------------------------------------------------------------------------------------------------------------------|---|---|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|-------------|-----------------|-------------------------------|---|---|-----------------------------------------------------------------------------------------------------------------------------------|---|---|
| <b>LEAGUE MEMBERSHIP</b>                                                                                                          |                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |             |                 |                               |   |   |                                                                                                                                   |   |   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |  |             |                 |                               |   |   |                                                                                                                                   |   |   |
| 1.                                                                                                                                | <b>Membership Requirements</b>   | <ul style="list-style-type: none"> <li>Members must send at least one representative to the mandatory annual league meeting. Honorary members may attend via conference call but will not have the opportunity to voice their opinions or vote on rule changes.</li> <li>Members must sign a social media policy and liability release form each year, prior to the start of the season.</li> <li>Members must comply with all deadlines set by the NFHL.</li> <li>Members must read and comply with all NFHL emails.</li> <li>Members must complete all surveys and respond to all league votes.</li> <li>Members must update team contact information in a timely manner.</li> <li>Members must abide by all NFHL rules.</li> </ul> <p>Failure to comply with the rules of the league will result in the following:</p> <ul style="list-style-type: none"> <li>Probation until notified by league officers.</li> <li>Team will be reinstated only by majority votes by league officers and other team representatives.</li> </ul> | <ul style="list-style-type: none"> <li>Members must send at least one representative to the mandatory annual league meeting. <b>At least one captain, coach or team official required to attend. Honorary members may attend via conference call but will not have the opportunity to voice their opinions or vote on rule changes.</b></li> <li>Members must sign a social media policy and liability release form each year, prior to the start of the season.</li> <li>Members must comply with all deadlines set by the NFHL.</li> <li>Members must read and comply with all NFHL emails.</li> <li>Members must complete all surveys and respond to all league votes.</li> <li>Members must update team contact information in a timely manner.</li> <li>Members must abide by all NFHL rules.</li> </ul> <p>Failure to comply with the rules of the league will result in the following:</p> <ul style="list-style-type: none"> <li>Probation until notified by league officers.</li> <li>Team will be reinstated only by majority votes by league officers and other team representatives.</li> </ul> |             |                 |                               |   |   |                                                                                                                                   |   |   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |  |             |                 |                               |   |   |                                                                                                                                   |   |   |
| 2.                                                                                                                                | <b>Honorary vs. Full Members</b> | <p>There are two types of member teams in the National Field Hockey League, Honorary and Full members. The table below outlines the major differences and similarities between the two types of memberships. If you have additional questions, please email our Teams Manager at Teams@NationalFieldHockeyLeague.com.</p> <p>The biggest difference? Only Full members have a chance to make it to our Fall Championship! See below!</p> <table border="1" data-bbox="365 1209 1190 1515"> <thead> <tr> <th></th> <th>Full Member</th> <th>Honorary Member</th> </tr> </thead> <tbody> <tr> <td>Recognized member of the NFHL</td> <td>X</td> <td>X</td> </tr> <tr> <td>Membership includes insurance coverage fall the fall season (for all NFHL fall games and covers players, spectators, and coaches)</td> <td>X</td> <td>X</td> </tr> </tbody> </table>                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Full Member | Honorary Member | Recognized member of the NFHL | X | X | Membership includes insurance coverage fall the fall season (for all NFHL fall games and covers players, spectators, and coaches) | X | X | <p>There are two types of member teams in the National Field Hockey League, Honorary and Full members. The table below outlines the major differences and similarities between the two types of memberships. If you have additional questions, please email our Teams Manager at Teams@NationalFieldHockeyLeague.com.</p> <p>The biggest difference? Only Full members have a chance to make it to our Fall Championship! See below!</p> <table border="1" data-bbox="1220 1209 1990 1515"> <thead> <tr> <th></th> <th>Full Member</th> <th>Honorary Member</th> </tr> </thead> <tbody> <tr> <td>Recognized member of the NFHL</td> <td>X</td> <td>X</td> </tr> <tr> <td>Membership includes insurance coverage fall the fall season (for all NFHL fall games and covers players, spectators, and coaches)</td> <td>X</td> <td>X</td> </tr> </tbody> </table> |  | Full Member | Honorary Member | Recognized member of the NFHL | X | X | Membership includes insurance coverage fall the fall season (for all NFHL fall games and covers players, spectators, and coaches) | X | X |
|                                                                                                                                   | Full Member                      | Honorary Member                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |             |                 |                               |   |   |                                                                                                                                   |   |   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |  |             |                 |                               |   |   |                                                                                                                                   |   |   |
| Recognized member of the NFHL                                                                                                     | X                                | X                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |             |                 |                               |   |   |                                                                                                                                   |   |   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |  |             |                 |                               |   |   |                                                                                                                                   |   |   |
| Membership includes insurance coverage fall the fall season (for all NFHL fall games and covers players, spectators, and coaches) | X                                | X                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |             |                 |                               |   |   |                                                                                                                                   |   |   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |  |             |                 |                               |   |   |                                                                                                                                   |   |   |
|                                                                                                                                   | Full Member                      | Honorary Member                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |             |                 |                               |   |   |                                                                                                                                   |   |   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |  |             |                 |                               |   |   |                                                                                                                                   |   |   |
| Recognized member of the NFHL                                                                                                     | X                                | X                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |             |                 |                               |   |   |                                                                                                                                   |   |   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |  |             |                 |                               |   |   |                                                                                                                                   |   |   |
| Membership includes insurance coverage fall the fall season (for all NFHL fall games and covers players, spectators, and coaches) | X                                | X                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |             |                 |                               |   |   |                                                                                                                                   |   |   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |  |             |                 |                               |   |   |                                                                                                                                   |   |   |

|                                                                                                                                   |                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |   |   |                              |   |   |                             |   |   |                                                                                         |   |   |                                                                                                                                   |   |  |                                                                                            |   |                             |                                |   |   |                     |                                    |                                   |                                                                                                   |   |   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                |   |   |                              |   |   |                             |   |   |                                                                                         |   |   |                                                                                                                                   |   |  |                                                                                            |   |                             |                                |   |   |                     |                                    |                                    |                                                                                                   |   |   |
|-----------------------------------------------------------------------------------------------------------------------------------|------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---|---|------------------------------|---|---|-----------------------------|---|---|-----------------------------------------------------------------------------------------|---|---|-----------------------------------------------------------------------------------------------------------------------------------|---|--|--------------------------------------------------------------------------------------------|---|-----------------------------|--------------------------------|---|---|---------------------|------------------------------------|-----------------------------------|---------------------------------------------------------------------------------------------------|---|---|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|---|---|------------------------------|---|---|-----------------------------|---|---|-----------------------------------------------------------------------------------------|---|---|-----------------------------------------------------------------------------------------------------------------------------------|---|--|--------------------------------------------------------------------------------------------|---|-----------------------------|--------------------------------|---|---|---------------------|------------------------------------|------------------------------------|---------------------------------------------------------------------------------------------------|---|---|
|                                                                                                                                   |                                    | <table border="1"> <tbody> <tr> <td>Can play games against any NFHL team (regardless of division or full/honorary membership type)</td> <td>X</td> <td>X</td> </tr> <tr> <td>Complies with all NFHL rules</td> <td>X</td> <td>X</td> </tr> <tr> <td>Responds to all NFHL emails</td> <td>X</td> <td>X</td> </tr> <tr> <td>Must report all scores by the deadline (Mondays at 12pm) and follow all other deadlines</td> <td>X</td> <td>X</td> </tr> <tr> <td>Eligible for the Fall Championship (as long as all other requirements are met – please visit our Rules Page for more information)</td> <td>X</td> <td></td> </tr> <tr> <td>Must play at least 7 games during the Fall Season to be eligible for the Fall Championship</td> <td>X</td> <td>no game minimum requirement</td> </tr> <tr> <td>Must attend the Annual Meeting</td> <td>X</td> <td>X</td> </tr> <tr> <td>Pays NFHL fall dues</td> <td>\$300 per team for the fall season</td> <td>\$75 per team for the fall season</td> </tr> <tr> <td>Must sign a Social Media Policy and Liability Release each year, prior to the start of the season</td> <td>X</td> <td>X</td> </tr> </tbody> </table> | Can play games against any NFHL team (regardless of division or full/honorary membership type)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | X | X | Complies with all NFHL rules | X | X | Responds to all NFHL emails | X | X | Must report all scores by the deadline (Mondays at 12pm) and follow all other deadlines | X | X | Eligible for the Fall Championship (as long as all other requirements are met – please visit our Rules Page for more information) | X |  | Must play at least 7 games during the Fall Season to be eligible for the Fall Championship | X | no game minimum requirement | Must attend the Annual Meeting | X | X | Pays NFHL fall dues | \$300 per team for the fall season | \$75 per team for the fall season | Must sign a Social Media Policy and Liability Release each year, prior to the start of the season | X | X | <table border="1"> <tbody> <tr> <td>Can play games against any NFHL team (regardless of division or full/honorary membership type)</td> <td>X</td> <td>X</td> </tr> <tr> <td>Complies with all NFHL rules</td> <td>X</td> <td>X</td> </tr> <tr> <td>Responds to all NFHL emails</td> <td>X</td> <td>X</td> </tr> <tr> <td>Must report all scores by the deadline (Mondays at 12pm) and follow all other deadlines</td> <td>X</td> <td>X</td> </tr> <tr> <td>Eligible for the Fall Championship (as long as all other requirements are met – please visit our Rules Page for more information)</td> <td>X</td> <td></td> </tr> <tr> <td>Must play at least 7 games during the Fall Season to be eligible for the Fall Championship</td> <td>X</td> <td>no game minimum requirement</td> </tr> <tr> <td>Must attend the Annual Meeting</td> <td>X</td> <td>X</td> </tr> <tr> <td>Pays NFHL fall dues</td> <td>\$300 per team for the fall season</td> <td>\$100 per team for the fall season</td> </tr> <tr> <td>Must sign a Social Media Policy and Liability Release each year, prior to the start of the season</td> <td>X</td> <td>X</td> </tr> </tbody> </table> | Can play games against any NFHL team (regardless of division or full/honorary membership type) | X | X | Complies with all NFHL rules | X | X | Responds to all NFHL emails | X | X | Must report all scores by the deadline (Mondays at 12pm) and follow all other deadlines | X | X | Eligible for the Fall Championship (as long as all other requirements are met – please visit our Rules Page for more information) | X |  | Must play at least 7 games during the Fall Season to be eligible for the Fall Championship | X | no game minimum requirement | Must attend the Annual Meeting | X | X | Pays NFHL fall dues | \$300 per team for the fall season | \$100 per team for the fall season | Must sign a Social Media Policy and Liability Release each year, prior to the start of the season | X | X |
| Can play games against any NFHL team (regardless of division or full/honorary membership type)                                    | X                                  | X                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |   |   |                              |   |   |                             |   |   |                                                                                         |   |   |                                                                                                                                   |   |  |                                                                                            |   |                             |                                |   |   |                     |                                    |                                   |                                                                                                   |   |   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                |   |   |                              |   |   |                             |   |   |                                                                                         |   |   |                                                                                                                                   |   |  |                                                                                            |   |                             |                                |   |   |                     |                                    |                                    |                                                                                                   |   |   |
| Complies with all NFHL rules                                                                                                      | X                                  | X                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |   |   |                              |   |   |                             |   |   |                                                                                         |   |   |                                                                                                                                   |   |  |                                                                                            |   |                             |                                |   |   |                     |                                    |                                   |                                                                                                   |   |   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                |   |   |                              |   |   |                             |   |   |                                                                                         |   |   |                                                                                                                                   |   |  |                                                                                            |   |                             |                                |   |   |                     |                                    |                                    |                                                                                                   |   |   |
| Responds to all NFHL emails                                                                                                       | X                                  | X                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |   |   |                              |   |   |                             |   |   |                                                                                         |   |   |                                                                                                                                   |   |  |                                                                                            |   |                             |                                |   |   |                     |                                    |                                   |                                                                                                   |   |   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                |   |   |                              |   |   |                             |   |   |                                                                                         |   |   |                                                                                                                                   |   |  |                                                                                            |   |                             |                                |   |   |                     |                                    |                                    |                                                                                                   |   |   |
| Must report all scores by the deadline (Mondays at 12pm) and follow all other deadlines                                           | X                                  | X                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |   |   |                              |   |   |                             |   |   |                                                                                         |   |   |                                                                                                                                   |   |  |                                                                                            |   |                             |                                |   |   |                     |                                    |                                   |                                                                                                   |   |   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                |   |   |                              |   |   |                             |   |   |                                                                                         |   |   |                                                                                                                                   |   |  |                                                                                            |   |                             |                                |   |   |                     |                                    |                                    |                                                                                                   |   |   |
| Eligible for the Fall Championship (as long as all other requirements are met – please visit our Rules Page for more information) | X                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |   |   |                              |   |   |                             |   |   |                                                                                         |   |   |                                                                                                                                   |   |  |                                                                                            |   |                             |                                |   |   |                     |                                    |                                   |                                                                                                   |   |   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                |   |   |                              |   |   |                             |   |   |                                                                                         |   |   |                                                                                                                                   |   |  |                                                                                            |   |                             |                                |   |   |                     |                                    |                                    |                                                                                                   |   |   |
| Must play at least 7 games during the Fall Season to be eligible for the Fall Championship                                        | X                                  | no game minimum requirement                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |   |   |                              |   |   |                             |   |   |                                                                                         |   |   |                                                                                                                                   |   |  |                                                                                            |   |                             |                                |   |   |                     |                                    |                                   |                                                                                                   |   |   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                |   |   |                              |   |   |                             |   |   |                                                                                         |   |   |                                                                                                                                   |   |  |                                                                                            |   |                             |                                |   |   |                     |                                    |                                    |                                                                                                   |   |   |
| Must attend the Annual Meeting                                                                                                    | X                                  | X                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |   |   |                              |   |   |                             |   |   |                                                                                         |   |   |                                                                                                                                   |   |  |                                                                                            |   |                             |                                |   |   |                     |                                    |                                   |                                                                                                   |   |   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                |   |   |                              |   |   |                             |   |   |                                                                                         |   |   |                                                                                                                                   |   |  |                                                                                            |   |                             |                                |   |   |                     |                                    |                                    |                                                                                                   |   |   |
| Pays NFHL fall dues                                                                                                               | \$300 per team for the fall season | \$75 per team for the fall season                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |   |   |                              |   |   |                             |   |   |                                                                                         |   |   |                                                                                                                                   |   |  |                                                                                            |   |                             |                                |   |   |                     |                                    |                                   |                                                                                                   |   |   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                |   |   |                              |   |   |                             |   |   |                                                                                         |   |   |                                                                                                                                   |   |  |                                                                                            |   |                             |                                |   |   |                     |                                    |                                    |                                                                                                   |   |   |
| Must sign a Social Media Policy and Liability Release each year, prior to the start of the season                                 | X                                  | X                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |   |   |                              |   |   |                             |   |   |                                                                                         |   |   |                                                                                                                                   |   |  |                                                                                            |   |                             |                                |   |   |                     |                                    |                                   |                                                                                                   |   |   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                |   |   |                              |   |   |                             |   |   |                                                                                         |   |   |                                                                                                                                   |   |  |                                                                                            |   |                             |                                |   |   |                     |                                    |                                    |                                                                                                   |   |   |
| Can play games against any NFHL team (regardless of division or full/honorary membership type)                                    | X                                  | X                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |   |   |                              |   |   |                             |   |   |                                                                                         |   |   |                                                                                                                                   |   |  |                                                                                            |   |                             |                                |   |   |                     |                                    |                                   |                                                                                                   |   |   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                |   |   |                              |   |   |                             |   |   |                                                                                         |   |   |                                                                                                                                   |   |  |                                                                                            |   |                             |                                |   |   |                     |                                    |                                    |                                                                                                   |   |   |
| Complies with all NFHL rules                                                                                                      | X                                  | X                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |   |   |                              |   |   |                             |   |   |                                                                                         |   |   |                                                                                                                                   |   |  |                                                                                            |   |                             |                                |   |   |                     |                                    |                                   |                                                                                                   |   |   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                |   |   |                              |   |   |                             |   |   |                                                                                         |   |   |                                                                                                                                   |   |  |                                                                                            |   |                             |                                |   |   |                     |                                    |                                    |                                                                                                   |   |   |
| Responds to all NFHL emails                                                                                                       | X                                  | X                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |   |   |                              |   |   |                             |   |   |                                                                                         |   |   |                                                                                                                                   |   |  |                                                                                            |   |                             |                                |   |   |                     |                                    |                                   |                                                                                                   |   |   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                |   |   |                              |   |   |                             |   |   |                                                                                         |   |   |                                                                                                                                   |   |  |                                                                                            |   |                             |                                |   |   |                     |                                    |                                    |                                                                                                   |   |   |
| Must report all scores by the deadline (Mondays at 12pm) and follow all other deadlines                                           | X                                  | X                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |   |   |                              |   |   |                             |   |   |                                                                                         |   |   |                                                                                                                                   |   |  |                                                                                            |   |                             |                                |   |   |                     |                                    |                                   |                                                                                                   |   |   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                |   |   |                              |   |   |                             |   |   |                                                                                         |   |   |                                                                                                                                   |   |  |                                                                                            |   |                             |                                |   |   |                     |                                    |                                    |                                                                                                   |   |   |
| Eligible for the Fall Championship (as long as all other requirements are met – please visit our Rules Page for more information) | X                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |   |   |                              |   |   |                             |   |   |                                                                                         |   |   |                                                                                                                                   |   |  |                                                                                            |   |                             |                                |   |   |                     |                                    |                                   |                                                                                                   |   |   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                |   |   |                              |   |   |                             |   |   |                                                                                         |   |   |                                                                                                                                   |   |  |                                                                                            |   |                             |                                |   |   |                     |                                    |                                    |                                                                                                   |   |   |
| Must play at least 7 games during the Fall Season to be eligible for the Fall Championship                                        | X                                  | no game minimum requirement                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |   |   |                              |   |   |                             |   |   |                                                                                         |   |   |                                                                                                                                   |   |  |                                                                                            |   |                             |                                |   |   |                     |                                    |                                   |                                                                                                   |   |   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                |   |   |                              |   |   |                             |   |   |                                                                                         |   |   |                                                                                                                                   |   |  |                                                                                            |   |                             |                                |   |   |                     |                                    |                                    |                                                                                                   |   |   |
| Must attend the Annual Meeting                                                                                                    | X                                  | X                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |   |   |                              |   |   |                             |   |   |                                                                                         |   |   |                                                                                                                                   |   |  |                                                                                            |   |                             |                                |   |   |                     |                                    |                                   |                                                                                                   |   |   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                |   |   |                              |   |   |                             |   |   |                                                                                         |   |   |                                                                                                                                   |   |  |                                                                                            |   |                             |                                |   |   |                     |                                    |                                    |                                                                                                   |   |   |
| Pays NFHL fall dues                                                                                                               | \$300 per team for the fall season | \$100 per team for the fall season                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |   |   |                              |   |   |                             |   |   |                                                                                         |   |   |                                                                                                                                   |   |  |                                                                                            |   |                             |                                |   |   |                     |                                    |                                   |                                                                                                   |   |   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                |   |   |                              |   |   |                             |   |   |                                                                                         |   |   |                                                                                                                                   |   |  |                                                                                            |   |                             |                                |   |   |                     |                                    |                                    |                                                                                                   |   |   |
| Must sign a Social Media Policy and Liability Release each year, prior to the start of the season                                 | X                                  | X                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |   |   |                              |   |   |                             |   |   |                                                                                         |   |   |                                                                                                                                   |   |  |                                                                                            |   |                             |                                |   |   |                     |                                    |                                   |                                                                                                   |   |   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                |   |   |                              |   |   |                             |   |   |                                                                                         |   |   |                                                                                                                                   |   |  |                                                                                            |   |                             |                                |   |   |                     |                                    |                                    |                                                                                                   |   |   |
| <b>3.</b>                                                                                                                         | <b>Membership Dues</b>             | <p>Fall Season:</p> <ul style="list-style-type: none"> <li>• Due help cover the operational costs for the NFHL (website, annual meeting, etc.) and costs for the fall championship (fields, officials, EMTs, trophy, and other fees associated with the weekend).</li> <li>• Full Members: \$300 per team (this may change at the Annual Meeting).</li> <li>• Honorary Members: \$75 per team (this may change at the Annual Meeting).</li> </ul> <p>Spring Tournament:</p> <ul style="list-style-type: none"> <li>• Dependent upon the location and date and varies per season.</li> <li>• \$500 per team (this may change at the 2018 Annual Meeting).</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | <p>Fall Season:</p> <ul style="list-style-type: none"> <li>• Due help cover the operational costs for the NFHL (website, annual meeting, etc.) and costs for the fall championship (fields, officials, EMTs, trophy, and other fees associated with the weekend).</li> <li>• Full Members: \$300 per team (this may change at the Annual Meeting).</li> <li>• Honorary Members: \$100 per team (this may change at the Annual Meeting).</li> </ul> <p>Spring Tournament:</p> <ul style="list-style-type: none"> <li>• Dependent upon the location and date and varies per season.</li> <li>• \$500 per team (this may change at the 2018 Annual Meeting).</li> </ul> |   |   |                              |   |   |                             |   |   |                                                                                         |   |   |                                                                                                                                   |   |  |                                                                                            |   |                             |                                |   |   |                     |                                    |                                   |                                                                                                   |   |   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                |   |   |                              |   |   |                             |   |   |                                                                                         |   |   |                                                                                                                                   |   |  |                                                                                            |   |                             |                                |   |   |                     |                                    |                                    |                                                                                                   |   |   |

|                    |                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
|--------------------|-----------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                    |                       | <p>The NFHL must receive team dues (or a letter of verification*) by the assigned deadline.</p> <ul style="list-style-type: none"> <li>Teams may submit a letter from their school verifying that the paperwork for dues has been submitted.</li> <li>If the NFHL has not received a check or letter from the school by the assigned deadline, the team will not be eligible for the Fall Championship/Spring Tournament.</li> <li>Teams are responsible for checking the website to make sure the NFHL has received their dues by the deadline.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | <p>The NFHL must receive team dues (or a letter of verification*) by the assigned deadline.</p> <ul style="list-style-type: none"> <li>Teams may submit a letter from their school verifying that the paperwork for dues has been submitted.</li> <li>If the NFHL has not received a check or letter from the school by the assigned deadline, the team will not be eligible for the Fall Championship/Spring Tournament.</li> </ul> <p>Teams are responsible for checking the website to make sure the NFHL has received their dues by the deadline.</p> |
| <b>FALL SEASON</b> |                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <b>4.</b>          | <b>Game Structure</b> | <ul style="list-style-type: none"> <li>Regular Season: 30-minute halves with 10 minute half time. In order for a game to be considered valid, 30 minutes of the game must be played.</li> <li>Fall Championship: 21 minute halves with 3 minute half time.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <b>5.</b>          | <b>Scoring</b>        | <ul style="list-style-type: none"> <li>Scoring rules are determined by NCAA rules (see link above). It is highly recommended that a copy of these rules be kept on you at all times.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <b>6.</b>          | <b>Players</b>        | <p>Minimum # of Players:</p> <ul style="list-style-type: none"> <li>Start each game with immediate players (there must be a minimum amount of 9 players, including the goalie, to be considered a regulation game).</li> <li>If a team is missing players (due to late attendance, etc.) begin play with immediate players. However, the team with a full roster is allowed a one player advantage against the other team.</li> </ul> <p>Transgender Athletes (from the NCAA Policy on Transgender Student-Athlete Participation): The following policies clarify participation of transgender student-athletes undergoing hormonal treatment for gender transition:</p> <ul style="list-style-type: none"> <li>A trans male (FTM) student-athlete who has received a medical exception for treatment with testosterone for diagnosed Gender Identity Disorder or gender dysphoria and/or Transsexualism, for purposes of NCAA competition may compete on a men's team, but is no longer eligible to compete on a women's team without changing that team status to a mixed team.</li> <li>A trans female (MTF) student-athlete being treated with testosterone suppression medication for Gender Identity Disorder or gender dysphoria and/or Transsexualism, for the</li> </ul> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |

|    |                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |  |
|----|---------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
|    |                     | <p>purposes of NCAA competition may continue to compete on a men's team but may not compete on a women's team without changing it to a mixed team status until completing one calendar year of testosterone suppression treatment.</p> <ul style="list-style-type: none"> <li>• Any transgender student-athlete who is not taking hormone treatment related to gender transition may participate in sex-separated sports activities in accordance with his or her assigned birth gender.</li> <li>• A trans male (FTM) student-athlete who is not taking testosterone related to gender transition may participate on a men's or women's team.</li> <li>• A trans female (MTF) transgender student-athlete who is not taking hormone treatments related to gender transition may not compete on a women's team.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                        |  |
| 7. | <b>Male Players</b> | <p><b>"Up Two"</b></p> <ul style="list-style-type: none"> <li>• Before the start of each game, the two opposing teams should confirm (with each other and the officials) how many male field players each team has on their roster (this does not include the goalie). The team with more male field players is allowed to play "up two" during regulation and overtime play. This does not include the goalie.</li> <li>• For example, if Team A brings 1 male field player, and Team B brings 6 male field players, Team B is only allowed to play a maximum of 3 male field players at any one time. Team B is allowed to play "up two".</li> <li>• The number of male field players allowed (as determined prior to the start of the game), cannot be changed during the game – regardless of penalty cards or injuries.</li> <li>• During the regular fall season (excluding the Fall Championship), if two opposing teams mutually agree in writing to allow either an increase or decrease in the number of male players allowed on the field, the game will still count. However, both teams must mutually agree to this change in writing before the game, and must play with the change throughout the entirety of the game.</li> </ul> |  |

|     |                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
|-----|-----------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 8.  | <b>Overtime</b>                   | <ul style="list-style-type: none"> <li>Prior to each regular season game, all teams involved should decide if they are going to play overtime in the case of a tie. Teams are not required to play overtime (for reasons such as limited field time, etc.) but this decision should be agreed upon by all teams prior to the game. It is highly advised that this is done in writing (email) in case a team disputes the decision.</li> </ul>                                                                                                                                                                                                                                                                                                                          | <p>Note: Please see the 2018 NCAA Rules Modifications for overtime pl</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| 9.  | <b>Reporting Scores</b>           | <ul style="list-style-type: none"> <li>Both captains will sign a Score Report Form at the end of each game (for their own records).</li> <li>Home team ONLY report the score online.</li> <li>If there is a problem with a score, teams should email the Home team to confirm the actual score.</li> <li>Corrections should be emailed to scores@nationalfieldhockeyleague.com.</li> <li>Away teams must dispute the score (by emailing Scores@NationalFieldHockeyLeague.com) by the following Wednesday at 12pm.</li> </ul>                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| 10. | <b>Cancellations and Forfeits</b> | <ul style="list-style-type: none"> <li>Cancellations must be made in writing (email) at least 10 full days before the date/time of the game.</li> <li>Canceling within 10 full days results in a forfeit/loss and full reimbursement for the opposing teams: field time, official fees, and travel time (if applicable). The team that forfeits will be marked in the NFHL records. If this team consistently cancels less than 10 full days before a game, the team will be put on probation and reinstated at the discretion of the NFHL officers.</li> <li>In the event of unplayable rain or bad weather, games must be cancelled by phone no less than 3 hours prior to game time (or the traveling time of the opposing team – whichever is greater).</li> </ul> | <ul style="list-style-type: none"> <li>Cancellations must be made in writing (email) at least 10 full days before the date/time of the game.</li> <li>If your team commits to a game (in writing) and does not ca or show up to the game, you are considered a “no show”. Cancellation/no-shows within 10 full days results in a forfeit/loss and full reimbursement for the opposing teams: field time, official fees, and travel time (if applicable). The team that forfeits will be marked in the NFHL records. If this team consistently cancels less than 10 full days before a game, the team will be put on probation and reinstated at the discretion of the NFHL officers.</li> <li>In the event of unplayable rain or bad weather, games must be cancelled by phone no less than 3 hours prior to game time (or the traveling time of the opposing team – whichever is greater).</li> </ul> |

|     |                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                     |
|-----|------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 11. | <b>All Stars</b> | <ul style="list-style-type: none"><li>• All Stars are players who have excelled throughout the season. Team captains (both Honorary and Full) are required to:</li><li>• Captains/coaches should keep track of the number of votes players on their teams have received (each team should nominate the best player from the other team after the end of each game).</li><li>• Captains/coaches should report their top two players (the positions that they played) to the league at the end of regular season play and notify their All Stars that they have been selected.</li><li>• The names of the All Stars will be posted on our website and Facebook page.</li><li>• All Stars who attend the Fall Championship will receive a free tournament t-shirt.</li></ul> |                                                                                                                                                                                                                                                                                                                                                                                                     |
| 12. | <b>Umpires</b>   | No previous rule.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | <ul style="list-style-type: none"><li>• Umpires for all fall season games must be certified.</li><li>• During the regular fall season (excluding the Fall Championship) if two opposing teams mutually agree in writing (prior to the game) to allow non-certified umpires, the game will still count. However, both teams must mutually agree to this change in writing before the game.</li></ul> |

| FALL SEASON RANKING |                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
|---------------------|------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 13.                 | <b>“A” vs. “B” Teams</b>           | <p>All teams (new and returning) are categorized as either an “A” team or a “B” team. A full team can be an “A” or “B” team and an Honorary team can be an “A” or a “B” team. The A/B split is only used for ranking purposes.</p> <ul style="list-style-type: none"> <li>• “A” Teams: &gt; 1.25 average game points per game from the previous fall season</li> <li>• “B” Teams: ≤ 1.25 average game points per game from the previous fall season OR a team that played less than 5 games in the previous fall season OR a new team to the league</li> <li>• The purpose of categorizing teams is so that we can assign different game points (for a win/loss/tie) based on the type of opponent you play. If you play and win/tie against an “A” team will earn you more game points (towards your current fall season ranking) than if you play and win/tie against a “B” team. Losses are always zero game points, no matter which team you play.</li> </ul> |
| 14.                 | <b>How Do We Categorize Teams?</b> | <ul style="list-style-type: none"> <li>• Using the historical data from the previous year’s fall scores, all teams are ranked and their average game points per game are calculated.</li> <li>• Only teams that played 5 or more games in the previous season are analyzed when determining the split between A/B divisions. This is because the league has determined that they cannot accurately “rank” a team that played 4 or fewer games.</li> <li>• All new teams are categorized as a “B” team because there are no past scores for these teams.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                |
| 15.                 | <b>Game Points Awarded</b>         | <p>Teams are ranked by their average game points per game. Average game points per game is derived by taking the total number of points and dividing that by the total number of games played. Points are assigned as follows:</p> <ul style="list-style-type: none"> <li>• Teams will receive 3 game points if they beat an “A” team and 2 game points if they tie an “A” team.</li> <li>• Teams will receive 2 game points if they beat a “B” team and 1 game point if they tie a “B” team.</li> <li>• Losses are always zero no matter which team you play.</li> <li>• Forfeit wins are 2 points regardless of your opponent. Forfeit losses are 0 points.</li> <li>• All points would be divided by the number of games played.</li> <li>• All tie-breakers remain the same.</li> </ul>                                                                                                                                                                       |

|                   | GAME POINTS AWARDED |     |      |             |              |
|-------------------|---------------------|-----|------|-------------|--------------|
| OPPONENT CATEGORY | Win                 | Tie | Loss | Forfeit Win | Forfeit Loss |
| A                 | 3                   | 2   | 0    | 2           | 0            |
| B                 | 2                   | 1   | 0    | 2           | 0            |

**16. Ranking**

1st place goes to the team with the highest average game points per game. Average game points per game is derived by taking the total number of game points and dividing that by the total number of games played. If there is a tie between teams in regards to their game percentage, then the following is applied until the tie is broken:

- Average Goal Differential – average goals scored for the season minus average goals allowed for the season
- Average Goals Scored for the season – total number of goals scored divided by the total number of games played.
- Average Goals Allowed for the season – total number of goals allowed divided by the total number of games played.
- Head to Head – the two teams who are in a tie will have their games viewed for the season. Whichever team has the highest number of points in that outcome wins. For example, if Team A beats Team B during the season, in the event of a tie between Team A and Team B, Team A would advance.
- Average Goals Scored for the season – total number of goals scored divided by the total number of games played.
- Average Goals Allowed for the season – total number of goals allowed divided by the total number of games played.

The top 16 teams in the league will advance to the Fall Championship.

**FALL CHAMPIONSHIP**

**17. Team Eligibility**

- Must be a Full member to be eligible for the Fall Championship.
- Must have attended the previous Annual NFHL meeting.
- Must have paid Annual dues.
- Must not have an outstanding balance with the league.
- Must have fulfilled minimum game requirements.



|                          |                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                     |
|--------------------------|-------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 18.                      | <b>Game Requirements</b>      | <ul style="list-style-type: none"> <li>• Teams must play a minimum of 7 games.</li> <li>• Opponents can be Full or Honorary members.</li> <li>• Each team will be allotted 2 “Forfeit Win” games: <ul style="list-style-type: none"> <li>○ Forfeit wins are games where the opposing team cancelled less than 10 full days prior to the game time – please see Fall Season Cancellations below for more information on forfeit wins).</li> <li>○ Only the first 2 forfeit wins will count towards a team’s record.</li> <li>○ After a team has used up their 2 forfeit wins, all other forfeit wins will be excluded from their record.</li> <li>○ All forfeit losses (for the team that cancelled a game less than 10 full days prior to the game time) will count towards a team’s official record.</li> </ul> </li> <li>• Opponents can be full, honorary, “A” or “B” team – there is no restriction on who your opponent is.</li> <li>• Teams are allowed to play up to 2 teams twice. If you play a team more than twice, those additional games will not count towards your record.</li> <li>• All games count toward winning % and tie breakers (averaged over the total # of games).</li> </ul> |                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 19.                      | <b>Championship Structure</b> | <ul style="list-style-type: none"> <li>• Pool Play</li> <li>• Full, 2 or 3 day tournament in November.</li> <li>• 21 minute halves, 3 minute halftime.</li> <li>• To determine pool rankings, teams will be awarded 3 points for a win, 1 point for a tie, and 0 points for a loss.</li> <li>• Playoff Tiebreakers: One 15-minute 7v7 sudden victory round, then rounds of “best of 5” shoot-outs.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | <ul style="list-style-type: none"> <li>• Pool Play</li> <li>• Full, 2 or 3 day tournament in November.</li> <li>• 21 minute halves, 3 minute halftime.</li> <li>• To determine pool rankings, teams will be awarded 3 points for a win, 1 point for a tie, and 0 points for a loss.</li> <li>• Playoff Tiebreakers: <b>One 10-minute 7v7 sudden victory round</b> then rounds of “best of 5” shoot-outs.</li> </ul> |
| <b>SPRING TOURNAMENT</b> |                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 20.                      | <b>Tournament Teams</b>       | <ul style="list-style-type: none"> <li>• All NFHL teams are invited to attend the Spring Tournament.</li> <li>• The tournament is first come, first served – a maximum of ~24 teams is allowed.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 21.                      | <b>Deadlines</b>              | <p>Teams must abide by all deadlines to enter the tournament:</p> <ul style="list-style-type: none"> <li>• January 22nd, 2018 (RSVP Deadline): Written RSVP must be received.</li> <li>• February 22nd, 2018 (Dues Deadline): Dues must be received or the NFHL must receive an email verification from their school Club Sports Office verifying that the paperwork for dues has been submitted. If the NFHL has not received a check or email</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                     |

|     |                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |  |
|-----|-----------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
|     |                                                     | <p>from the school by the assigned deadline, the team is removed from the tournament. Teams that are removed will be notified by email by the NFHL. Teams are still required to pay dues prior to the tournament.</p> <ul style="list-style-type: none"> <li>• March 22nd, 2018 (Last-Minute Cancellation Deadline): Teams are still required to pay dues PLUS a \$500 fine prior to the tournament. See below for more details.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |  |
| 22. | <b>Cancellations</b>                                | <p>All teams must cancel in writing (send email to kristin@nationalfieldhockeyleague.com). Teams that have submitted a written RSVP and cancel:</p> <ul style="list-style-type: none"> <li>• On or before the Dues Deadline: Are still required to pay dues prior to the tournament.</li> <li>• After the Dues Deadline and before the Last-Minute Cancellation Deadline: Are still required to pay dues PLUS a \$250 fine prior to the tournament. Failure to pay dues PLUS the \$250 fine before the tournament will result in probation from the league. A team put on probation will be reinstated once the dues and \$250 fine are paid.</li> <li>• After the Last-Minute Cancellation Deadline (less than 1 month before the tournament): Are still required to pay dues PLUS a \$500 fine prior to the tournament. A team put on probation will be reinstated once the dues and \$500 fine are paid.</li> </ul> <p>Teams that have committed to coming to the Spring Tournament and do not show will be put on probation until notified by league officers and must pay dues PLUS a fine of \$500. A team will be reinstated only by majority votes by NFHL officers.</p> |  |
| 23. | <b>Rules, Player Eligibility and Game Structure</b> | <ol style="list-style-type: none"> <li>1. The spring tournament is open to all teams in the NFHL (full and honorary members). It is first come, first serve and limited to a maximum of 24 teams.</li> <li>2. All captains/coaches must check in at the Registration Table at least 30 minutes prior to <u>every</u> game.</li> <li>3. Pool Play: games have 21-minute halves with a 3-minute halftime. No timeouts allowed. There will 5 minutes in between games. This structure may change each year depending on the number of teams participating in the tournament and the field time constraints.</li> <li>4. Rules – unless otherwise stated in these rules, games will be officiated according to NCAA Rules. <ol style="list-style-type: none"> <li>a. In order for a game to be considered valid, 12 minutes of the game must be played.</li> <li>b. There must be a minimum of 8 players (counting the goalie)</li> </ol> </li> </ol>                                                                                                                                                                                                                                |  |

on the field in order for the game to count. If there are less than 8 players, the team may forfeit and play the game anyhow.

- c. If there is a tie after the first overtime, then it will go to a shoot-out as per NCAA rules.
  - d. Male Player Rule - "Up Two":
    - i. Before the start of each game, the two opposing teams should confirm (with each other and the officials) how many male field players each team has on their roster (this does not include the goalie). The team with more male field players is allowed to play "up two" during regulation and overtime play. This does not include the goalie.
    - ii. For example, if Team A brings 1 male field player, and Team B brings 6 male field players, Team B is only allowed to play a maximum of 3 male field players at any one time. Team B is allowed to play "up two".
    - iii. The number of male field players allowed (as determined prior to the start of the game), cannot be changed during the game - regardless of penalty cards or injuries.
5. Teams are obligated to play the game. If there are not enough players, the team is required to forfeit and find players from other teams who are willing to fill in where needed! Refs are paid regardless of whether the game occurs so it is best to play the game.
6. Teams Rosters – Captains must submit a complete roster listing players and coach's names when they register at the tournament. Changes may be made prior to the start of the first game; however these changes must be submitted at the Registration Table (before the start of the first game).
- a. Each team is required to show up with enough players to field a team.
  - b. Teams are allowed to have their school's alumni on their roster as long as that player is on the roster prior to the first game.
  - c. In regards to teams who submit more than 1 team, you are not allowed to combine teams if you advance into playoffs. If you submit two teams, then each team is expected to remain separate for the duration of the tournament, regardless of who advances to playoffs.
7. Playoffs

|  |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |  |
|--|--|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
|  |  | <p>a. Designated teams from each pool will advance to playoffs.</p> <p>b. Standings are based on the following – <b>(CAPTAINS MUST REPORT YOUR SCORES AFTER EACH GAME):</b></p> <ul style="list-style-type: none"> <li>i. Total Points (3 – for win; 1 – for a tie, 0 for a loss)</li> <li>ii. Goal Differential –goals scored minus goals allowed</li> <li>iii. Head to Head – the two teams who are in a tie will have their games viewed for the tournament.<br/>Whichever team has the highest number of points in that outcome wins. For example, if Team A beats Team B during the tournament, in the event of a tie between Team A and Team B, Team A would advance.</li> <li>iv. Goals Scored – total number of goals scored</li> <li>v. Goals Allowed – total number of goals allowed</li> </ul> <p>c. If a team elects not to participate in the play-offs, the team with the next best record can have their place. Teams who are unable to play in playoffs should let the person in charge at the field know that upon arrival at the field.</p> |  |
|--|--|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|

|                                            |  |  |  |
|--------------------------------------------|--|--|--|
| <b>POLICIES, INSURANCE &amp; LIABILITY</b> |  |  |  |
|--------------------------------------------|--|--|--|

|            |                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |  |
|------------|--------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
| <b>24.</b> | <b>Misconduct Policy</b> | <p>Players, coaches and fans must treat all other players, NFHL staff, spectators, other coaches and umpires on/off the field with the utmost respect and dignity. Everyone is expected to compose themselves maturely and have sportsman-like conduct on/off the field at all times. Anyone who fails to abide by the conduct rule will face:</p> <p><b>PLAYERS:</b></p> <ul style="list-style-type: none"> <li>• The consequences stipulated by the NCAA.</li> <li>• If issued a red card, the player will be suspended for the current game and the following game.</li> <li>• If issued a second red card during a tournament, the player will be suspended for the remainder of the tournament and must leave the facility immediately (for the remainder of the tournament).</li> </ul> <p><b>COACHES:</b></p> <ul style="list-style-type: none"> <li>• One verbal warning or green card from NFHL staff or umpire.</li> <li>• Red card and suspension for the remainder of the day. They must leave the facility immediately.</li> <li>• If a second red card is issued at a tournament, the coach is suspended for the remainder of the tournament and must leave the facility immediately.</li> </ul> <p><b>FANS:</b></p> |  |
|------------|--------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|

|     |                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |  |
|-----|----------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
|     |                            | <ul style="list-style-type: none"> <li>• Teams and team captains (or coaches) are ultimately responsible for the conduct of their fans.</li> <li>• NFHL staff will assess fan misconduct and fans can be required to leave the facility even in the absence of a request from a game umpire.</li> <li>• If an umpire feels that the game is being impacted by fan behavior, an official time out will be signaled (time is not actually stopped) by the umpire and the situation communicated to both captains. Play will be immediately restarted and the captains must leave the field to communicate the issue to players on their bench, their coach, and/or NFHL staff so that the behavior can be immediately addressed. If the fan behavior does not change for the better, an official time out will be signaled (time is not actually stopped) by the umpire and the situation communicated to both captains. The captains must leave the field to communicate the issue to players on their bench, their coach, and/or NFHL staff so that the behavior can be immediately addressed. Umpires will resume play after it is clear that the fan(s) involved are being addressed.</li> <li>• If the fan behavior does not change for the better, an official time out will be signaled (time is not actually stopped) by the umpire and the situation communicated to both captains. The captains must leave the field to communicate the issue to players on their bench, their coach, and/or NFHL staff so that the behavior can be immediately addressed. Umpires will resume play after it is clear that the fan(s) involved have left the facility.</li> </ul> |  |
| 25. | <b>Social Media Policy</b> | <p>Student-athletes and teams that play on National Field Hockey League teams are held in the highest regard and are seen as role models in the community. As leaders you have the responsibility to portray your team, university, National Field Hockey League and yourselves in a positive manner at all times.</p> <p>Facebook, Twitter and other social media sites have increased in popularity globally, and are used by the majority of student-athletes and teams in the league in one form or another. Student-athletes and teams should be aware that third parties could easily access your profiles and view all personal information. This includes all pictures, videos, comments and posters. Inappropriate material found by third parties affects the perception of the student-athlete, your team, your university and the NFHL.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |  |

|     |                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |  |
|-----|----------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
|     |                                        | <p>Examples of inappropriate and offensive behaviors may include depictions or presentations of the following:</p> <ul style="list-style-type: none"> <li>• Photos, videos, comments or posters showing the personal use of alcohol, drugs and tobacco e.g., no holding cups, cans, shot glasses etc.</li> <li>• Photos, videos, and comments that are of a sexual nature.</li> <li>• Pictures, videos, comments or posters that condone drug-related activity.</li> <li>• Content online that is unsportsmanlike, derogatory, demeaning or threatening toward any other individual or team (examples: derogatory comments regarding another institution; taunting comments aimed at a student-athlete, coach or team at another institution and derogatory comments against race and/or gender). No posts should depict or encourage unacceptable, violent or illegal activities (examples: hazing, sexual harassment/assault, gambling, discrimination, fighting, vandalism, academic dishonesty, underage drinking, illegal drug use).</li> <li>• Content online that would constitute a violation of NFHL or NCAA rules.</li> </ul> <p>If a team or student-athlete’s profile and its contents are found to be inappropriate in accordance with the above behaviors, the team will be subject to the following penalties:</p> <ol style="list-style-type: none"> <li>1. Written warning.</li> <li>2. Penalties as determined by the officers of the NFHL, including but not limited to possible suspension of their team from the league.</li> </ol> <p>If you are ever in doubt of the appropriateness of your online public material, consider whether it upholds and positively reflects your own values and ethics as well as the National Field Hockey League’s. Teams are required to sign this policy prior to the start of the season. By signing, you affirm that as a captain or coach, you understand the National Field Hockey League’s Social Media Policy and Guidelines for Teams and Players and the requirements that must be adhered to as a NFHL team. Also, you affirm that failure by your team or any player on your team to adhere to this policy and guidelines may result in consequences that include suspension of your team from the NFHL.</p> |  |
| 26. | <b>Insurance and Liability Release</b> | <p>The National Field Hockey League does not provide insurance coverage for individual teams. Teams who need insurance coverage for their team and/or players will be responsible for acquiring this coverage on their</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |  |

|     |                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |  |
|-----|----------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
|     |                            | <p>own. The National Field Hockey League will only provide coverage for the Fall Championship and Spring Tournament.</p> <p>All teams are required to have a signed liability release form on file with the league. Teams must agree to indemnify and save harmless the National Field Hockey League, from and against any and all loss, damage, claim, demand, liability or expense by reason of any damage or injury to property or person which may be claimed to have arisen as a result of or in connection with participation in the league.</p> <p>“I am aware of the nature of this activity and I hereby assume responsibility for my team to participate. I will not hold the National Field Hockey League and/or its employees, volunteers or agents responsible in case of any accident or injury as a result of this participation.</p> <p>I hereby further agree to indemnify and save harmless the National Field Hockey League, from and against any and all loss, damage, claim, demand, liability or expense by reason of any damage or injury to property or person which may be claimed to have arisen as a result of or in connection with participation in the league.</p> <p>By signing below you affirm that as a captain or coach, you understand the National Field Hockey League’s team liability release policy. You are signing on behalf of all players on your team.”</p> |  |
| 27. | <b>Anti-Discrimination</b> | <p>Membership may not be denied because of race, color, age, sex, national origin, religion, sexual orientation, or disability. In addition, players will not be excluded based on skill level or participation in other competitive leagues or associations. Eligibility of coaches and students (e.g. exchange students, graduate students, etc.) to participate on their school’s team in the NFHL is determined by their school’s rules and not by the NFHL.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |  |