

2025 SPONSORS

CHAMPIONS CIRCLE



PLATINUM



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26TH ANNUAL SPRING TOURNAMENT EVENT GUIDE

IN MEMORY OF ALLIE ROSE ZAMBITO

APRIL 11-13, 2025

updated 03.29.25

ABOUT US

The mission of the National Field Hockey League is to promote and grow the sport of field hockey by providing a member-centered governing structure for club teams, improving access to competitive play, facilitating educational trainings, and building community.

Since 1997, the NFHL has grown to include more than 120 colleges and universities from across the United States. The NFHL is the official governing body for USA collegiate club field hockey.

The National Field Hockey League is a registered 501c3 organization. For more information, visit our website at www.nationalfieldhockeyleague.com.

PLAYER ELIGIBILITY

Player eligibility is determined by each school's governing club sports participation policies.

The NFHL abides by and enforces each school's eligibility policies. Each school must submit a roster that is verified by a Club Sports Representative, validating that all players are eligible to participate based on their specific school policies.

The NFHL is a coed league and has been since its inception in 1997.

The NFHL is deeply committed to the safety and well-being of all participants in league events. ***Effective 1/1/24, the NFHL adopted a zero-tolerance Code of Conduct policy*** and believes that these measures will contribute towards a more positive and enjoyable experience for everyone involved. ***The Code of Conduct applies to anyone attending or participating in an NFHL event.***

26TH ANNUAL SPRING TOURNAMENT

This is the 26th Annual Spring Tournament weekend, open to all active NFHL members. This is a highly competitive tournament, showcasing incredible collegiate field hockey clubs from schools across the US.



ABOUT US

SPRING TOURNAMENT ELIGIBILITY

- The Spring Tournament is open to all active NFHL teams. There are no minimum game requirements.

FALL RANKINGS

Teams are seeded into pools based on Fall 2024 regular season rankings. There are exceptions based on accommodations made to suit teams' travel arrangements.

- Average game points per game (**AVE GP** = total game points / # games played)
 - Tiebreaker #1: greatest average goal differential (**AVE GD** = total goals scored – total goals against / # games played)
 - Tiebreaker #2: least average goals against (**AVE GA** = total goals against / # games played)
 - Tiebreaker #3: greatest average goals scored (**AVE GS** = total goals scored / # games played)

TOURNAMENT STRUCTURE & SCHEDULE*

- Teams will play 4 pool play games, consisting of 23-minute halves with a 5-minute halftime.
- Pool play games will be held on Friday and Saturday of the tournament.
- 14 teams will advance to their respective playoffs.
 - First place teams from each pool will advance (11 total).
 - First place teams from each pool will be ranked against each other and seeded #1-11. #1 and #2 have a first-round playoff BYE. Second place teams from each pool will be ranked against each other. The top 3 will advance to playoffs and seeded #12-14.
- Playoff Games: 23-min halves, 5-min halftime. No timeouts. Overtime: shootout (best of 5, sudden victory).
- Championship Game: 15-min quarters, 3-min between quarters, 10-min halftime. No timeouts. Overtime: shootout (best of 5, sudden victory).
- Games may need to be switched/rearranged due to reasons outside of our control.

**Subject to change due to inclement weather, cancellations or extenuating circumstances.*

ELIGIBILITY, TOURNAMENT STRUCTURE & SCHEDULE

**SCHEDULE -
UPDATED
3/28**

SPRING TOURNAMENT TEAMS

American University	Sacred Heart University	University of Richmond
Auburn University	Salisbury University	University of South Carolina
Coastal Carolina University	Stonehill College/UMass Lowell*	University of Tennessee
College of William and Mary	Stony Brook University	University of Vermont
Drexel University	Towson University	University of Virginia
East Carolina University	University at Albany	University of Wisconsin-Madison
Elon University	University of California Berkeley/Davis*	Villanova University
Florida International University	University of Colorado - Boulder	Virginia Commonwealth University
George Mason University	University of Connecticut	Virginia Tech
George Washington University	University of Delaware	Washington University in St. Louis
Georgetown University	University of Maryland	West Chester University
James Madison University	University of North Carolina Charlotte	West Virginia University
Loyola University of Maryland	University of North Carolina Wilmington	Xavier University
Old Dominion University/University of Texas*	University of Pittsburgh	
Rutgers University	University of Rhode Island	

*denotes merged team

SPRING TOURNAMENT TEAMS




RESULTS & STANDINGS

Coaches, players and spectators can easily see live results and standings on [our website](#).

Stay even more informed by downloading the Tourney Machine app and search for our event. *More information will be released closer to the tournament.*

To follow your favorite team, click “NOTIFICATIONS”, select your team and enter your preferred contact method.



TOURNEY MACHINE

FIELD HOCKEY

2023 NFHL Fall Championship
Nov 17 - 19, 2023
Virginia Beach, VA

PLACES

NOTIFICATIONS **WEB APP** **SHARE**

CHAMPIONSHIP **PRINT**

Pool Standings

Pool A							
Team	W	L	T	P	GD	GS	GA
Virginia Tech	0	0	0	0	0	0	0
Alabama	0	0	0	0	0	0	0
Penn State	0	0	0	0	0	0	0
UNC Wilmington	0	0	0	0	0	0	0

Pool B							
Team	W	L	T	P	GD	GS	GA
Duke	0	0	0	0	0	0	0
Temple	0	0	0	0	0	0	0
UMASS	0	0	0	0	0	0	0
Vermont	0	0	0	0	0	0	0

Pool C							
Team	W	L	T	P	GD	GS	GA
UNC Chapel Hill	0	0	0	0	0	0	0
Michigan	0	0	0	0	0	0	0
UCONN	0	0	0	0	0	0	0
Delaware	0	0	0	0	0	0	0

Pool D							
Team	W	L	T	P	GD	GS	GA
Boston College	0	0	0	0	0	0	0
Providence	0	0	0	0	0	0	0
Georgia	0	0	0	0	0	0	0
Virginia	0	0	0	0	0	0	0

This photo is from a previous tournament. The new Tourney Machine will be released closer to the tournament and teams will be notified.

RESULTS & STANDINGS

APPAREL ORDERS - DUE 3/28

All apparel must be pre-ordered by April 1st. Items must be picked up at the Information Table at Field 1 (we cannot ship orders). **We do not carry a lot of inventory at the tournament, so we highly recommend you pre-order if you would like tournament swag!**

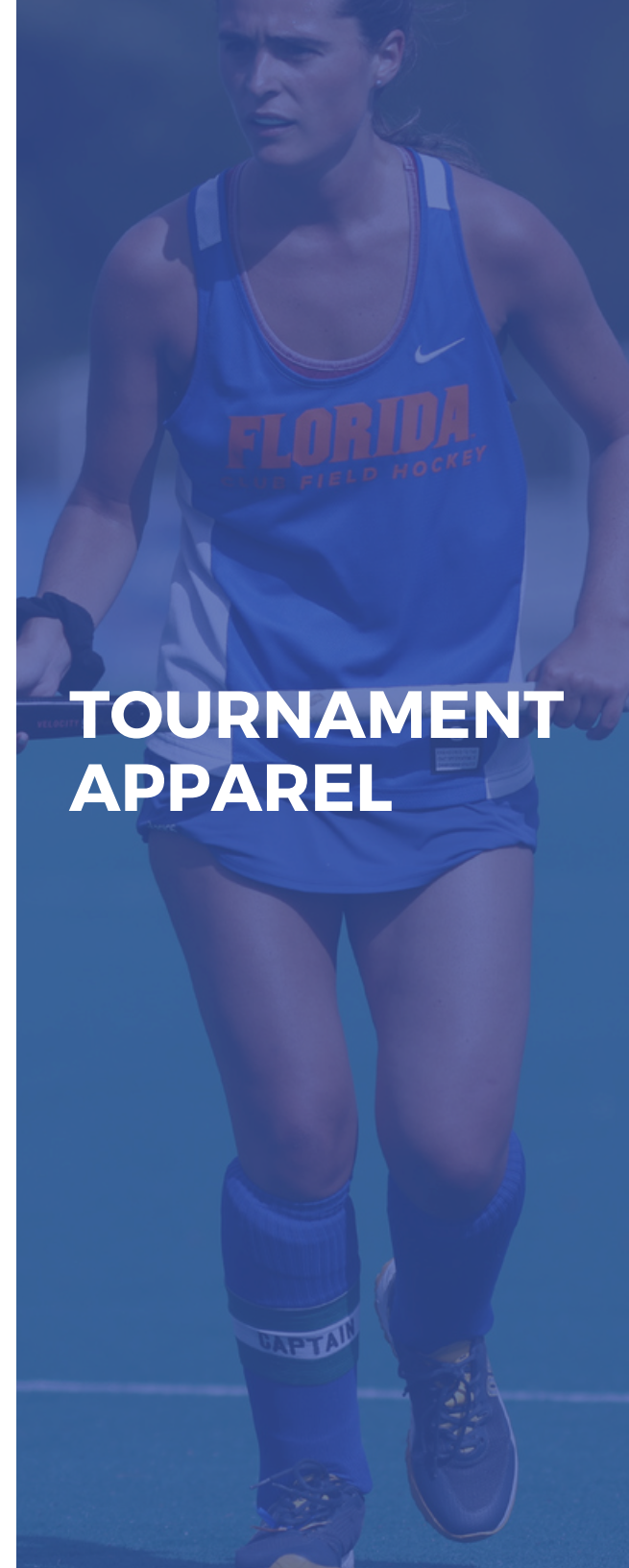
Bundle a sweatshirt and t-shirt to save 10%! Offer expires 3/28



Champion Adult Reverse Weave® Crew and Hoodie

- Navy blue with white embroidery
- 12oz, 80% cotton, 20% polyester
- Unisex sizing
- **BUNDLE** with a t-shirt and save 10% on sweatshirt! **Offer expires 3/28**

ORDER ONLINE



CODE OF CONDUCT: ZERO TOLERANCE

- All teams will be required to send a signed [Code of Conduct](#) simultaneous with the submission of your verified roster for all NFHL tournaments and events. Please note that it is the captain/coach's responsibility to ensure that all individuals associated with your team, including, but not limited to, players and spectators, are aware of and understand the policy ahead of the tournament. The NFHL is deeply committed to the safety and well-being of all participants in league events and believe that these measures will contribute towards a more positive and enjoyable experience for everyone involved.

Key Points:

- Zero Tolerance Policy: The NFHL operates under a zero-tolerance policy for any form of discrimination, harassment, or derogatory comments based on race, gender, religion, sexual orientation, or any other protected characteristic.
- Immediate Consequences: Any individual found in violation of the zero-tolerance policy will face immediate consequences, including removal from the premises or expulsion of their team from the tournament.
- Team Responsibility: Teams, especially coaches/captains, are responsible for ensuring that their fans/spectators adhere to the Code of Conduct. Separate incidents involving different individuals supporting the same team will result in the entire team's disqualification from the tournament.
- Reporting: All instances of misconduct or violations of the Code of Conduct should **immediately** be reported to the NFHL via GroupMe message or in-person at the Info Table, followed by a detailed email to info@nationalfieldhockeyleague.com.

We appreciate your cooperation in helping us promote our mission and uphold the values of respect and sportsmanship. If you have any questions or concerns regarding the [Code of Conduct](#), please contact info@nationalfieldhockeyleague.com.

[CODE OF CONDUCT](#)



CODE OF CONDUCT



LOCATION 1: FIELD HOCKEY TRAINING CENTER & SPORTSPLEX

2181 Landstown Road, Virginia Beach, VA 23456

Fields 1 & 2 - Water-Based AstroTurf Sportsplex - field turf

The information table, shirt pickup and NFHL staff are located at Field 1.

Dogs permitted; must be leashed, not tied to any fences or stands, and in direct supervision of owner at all times.

LOCATION 2: HAMPTON ROADS SOCCER COMPLEX

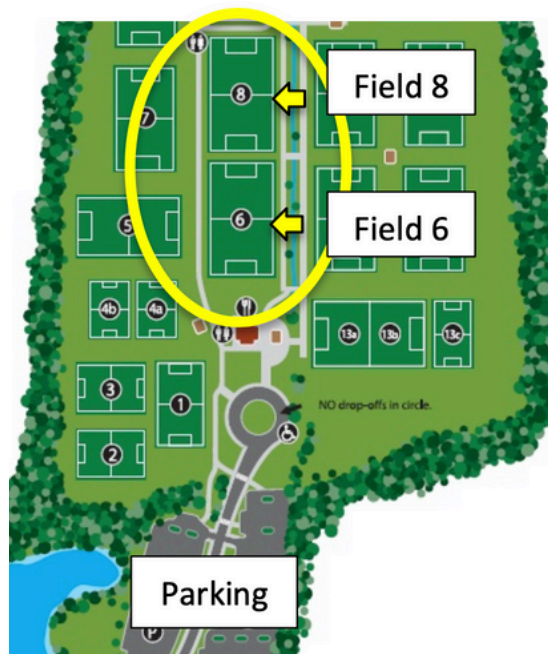
2276 Recreation Drive

Virginia Beach, VA 23456

Fields #6 and #8 - field turf

This location is not within walking distance from Location 1 (5-min drive, 1.8 miles).

Dogs not permitted.



FIELD LOCATIONS

PARTNER HOTELS

all hotels are 20-25 minutes from the fields

1) **Hilton Garden Inn Town Center**

252 Town Center Dr
Virginia Beach, VA 23462
(757) 326-6200

2) **Hyatt House Virginia Beach
Oceanfront**

2705 Atlantic Ave
Virginia Beach, VA 23451
(757) 428-4200

3) **SpringHill Suites Oceanfront**

901 Atlantic Ave
Virginia Beach, VA 23451
(757) 417-3982

4) **Hyatt Place Virginia Beach Town
Center**

355 Independence Blvd
Virginia Beach, VA 23462
(757) 431-7000

5) **Fairfield Inn & Suites Oceanfront**

3601 Atlantic Ave
Virginia Beach, VA 23451
(757) 300-5045

5) **The Westin Town Center**

4535 Commerce Street
Virginia Beach, VA, 23462
(757) 557-0550

If you are arriving by bus/van, you must contact the hotel in advance to coordinate (fees may apply)!

CREDIT CARD AUTHORIZATION FORMS & CHECK IN

If you will not have the credit card present with you at check-in (i.e. the rooms are being paid by a university credit card that you will not have physically with you), you must contact the hotel to request a credit card authorization form in advance. The hotel will send a credit card authorization link to the person responsible for paying for the rooms. ***If you do not complete this request prior to check-in, it will delay your ability to check in successfully upon arrival.***

To request a credit card authorization form:

- Check the website to confirm your hotel contact name and email
- Send the hotel contact:
 - Name of authorized person paying for the rooms and their email address
 - All reservation numbers for your rooms and the name on the reservation(s)



HOTELS

BOXED LUNCH DELIVERY - Deadline April 4th

If you would like to order boxed lunches for your team, delivered to the Training Center Field 1, please email korinna@beachsportsplex.com with your request. [View the menu here.](#)

RESTAURANT RECOMMENDATIONS

- El Azteca
- Plaza Degollado
- Duck Donuts
- Huddle House
- Everbowl
- Nando's PERi-PERi
- Pochahontas Pancake House
- Tupelo Honey Southern Kitchen
- Yard House
- Ynot Italian
- Mannino's Italian Bistro
- Eat: An American Bistro
- Beachside Social
- Pelon's Baja Grill Oceanfront
- Smokey Bones Virginia Beach

DOWNTIME ACTIVITY SUGGESTIONS

- Walk along the Virginia Beach Boardwalk
- Visit the Virginia Aquarium
- Visit Virginia Beach Town Center - restaurant, stores, and entertainment
- Go to Apex Entertainment Virginia Beach (bowling, go-karts, arcade, laser tag, & more)
- Play Mini Golf
- Escape an Escape Room with your team



FOOD & FUN